Parents of Differently Wired Kids
Familias de niños que piensan diferente

Understanding ABA
Applied Behavior Analysis

Using the science of learning and behaviour to understand patterns and teach meaningful skills.

What might it support?



Communication

Asking for help



Social participation

Playing together



Everyday independence

Daily routines

How does it work?



Understand what happens before and after a behaviour. Teach small steps, use positive reinforcement and review progress.

What can it look like?



Play, daily routines or structured practice. Support should fit the person's needs, interests and pace.

Example: learning to ask for help



Notice a need →



Ask with words, signs or a communication aid →



Receive help



Questions worth asking

- Are the goals meaningful to my child?
- How are choice and comfort respected?
- How will progress be reviewed?

Communication • Choice • Skills for everyday life